

CASCADE TRACK & FIELD



Girls' School Records

<u>Event</u>	<u>Year</u>	<u>Name</u>	<u>Results</u>
High Hurdles	2009	Katy Gross	15.42
100 Meters	1982/2002	Jill York/Ari Basile	12.5
1600 Meters	2009	Breanna Huschka	5:05.49
400 Meter Relay	1979	Teresa Yonke Barb Kolkana Mary Larson Dawnell Howard	49.6
400 Meters	1981	Jill York	57.6
Low Hurdles	2011	Kiana Hood	45.98
800 Meters	1982	Jill York	2:14.0
200 Meters	1992	Marci Walters	25.9
3200 Meters	2009	Breanna Huschka	11:06.57
800 Meter Relay	1992	Nikola Wilson Annette LeGault Stacey Thomas Marci Walters	1:44.6
1600 Meter Relay	1982	Pam Langan Lee McCorkle Kim Sultze Jill York	3:53.3

4 x 800 Relay	2012	Ashley Carlson Amanda Redford Christel Schaefer Hannah Dowdell	10:34.6
Distance Medley Relay	2011	Amanda Redford Katie Weir Aly Weir Hannah Dowdell	13:35.47
Half Marathon	2007	Breanna Huschka	1:35.20
High Jump	1984	Vicki Borsheim	5'-8"
Pole Vault	2017	Tyrza Lamma	11'-6"
Long Jump	1979	Teresa Yonke	17'-8"
Triple Jump	1995	Sharon Regala	35'-8.75"
Shot Put	2006	Whitney Hooks	51'-1.25"
Discus	2006	Whitney Hooks	150'-1"
Javelin	2011	Natasha Caldwell	138'-6.00"
Hammer	2006	Whitney Hooks	128'-11"

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Boys' School Records

<u>Event</u>	<u>Year</u>	<u>Name</u>	<u>Results</u>
High Hurdles	2014	Kaleb Dobson	14.28
100 Meters	1996/2006	Adam Eberlein/Austin Curran	10.8
1600 Meters	2001	Andy Fader	4:15.4
400 Meter Relay	1990	Donald Littlejohn Lawrence Kelly Kyle McMurtry Ron Baker	42.2
400 Meters	1990	Donald Littlejohn	48.9
Low Hurdles	2013	Kaleb Dobson	38.62
800 Meters	2010	Dylan Hopper	1:55.6
200 Meters	1980/1998	Tim Kramer/Adam Eberlein	22.2
3200 Meters	2000	Andy Fader	9:19.1
Half Marathon	2010	Aaron Campbell	1:16.58
20 Miles	1969	Ron Martin	1 Hr 59 Min
Marathon	1983	David Abrahamson	3 Hrs 1 Sec
1600 Meter Relay	1990	Roger Richmond Lawrence Kelly	3:20.3

Kyle McMurtry
Donald Littlejohn

4 x 200 Meter Relay	2014	Malik Rackliff Caleb Dobson Michael Gbagonah Andrew Sibley	1:38.4
4 x 800 Relay	2015	Joel Henry Evan Hurt Ken Tran Jackson Wagner	8:18.64
Distance Medley Relay	2015	Jackson Wagner Ken Tran Joel Henry Luca Strand	10:43.27
High Jump	1999	Matt Alverson	7'-0"
Pole Vault	2006	Blaine Bradshaw	14'-9"
Long Jump	1983	Rod Mabry	22'-5.75"
Triple Jump	1996	Toure Butler	47'-9.50"
Shot Put	1996	Austin Matson	56'-8.25"
Discus	1974	Dean Pedigo	180'-1"
Javelin	1999	Marcos Bolanos	191'-3"
Hammer	2013	Nick Demars	136'-6"

